



## Two Star

<b>Name:</b>		<b>Needs work</b>	<b>Improved</b>	<b>Good</b>
<b>Floor</b>	Forward roll			
	Kick over mat/Cartwheel			
	Skip			
	Chasse			
	$\frac{3}{4}$ Handstand			
	Positions -Tuck			
	-Pike			
	-Straddle			
	-Salute			
	-Lunge			
<b>Bars</b>	Front support			
	Forward roll over bar			
	Touch toes to bar			
<b>Beam</b>	Arabesque			
	Forward			
	Backward			
	Jump dismount			
<b>Gross Motor</b>	Personal space			
	Taking turns			
	Verbal communication			

**All skills need to be learned to move up to next level**